

Wash your hands

Wash your hands with soap and running water when **hands are visibly dirty**



If your **hands are not visibly dirty**, frequently clean them by using alcohol-based hand rub or soap and water



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Organization



Be **SAFE** from #coronavirus

if you are 60+ or if you have an underlying condition like:



Cardiovascular disease



Respiratory condition



Diabetes

by avoiding crowded areas or places where you might interact with people who are sick.

Learn more to Be **READY** for #COVID19:
www.who.int/COVID-19



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Be **SMART** & inform yourself about #coronavirus



Follow accurate public health advice
from WHO & your local health authority



Follow the news on latest
coronavirus updates



To avoid spreading rumors, always
check the source you are getting
information from



Don't spread rumors

Learn more to Be **READY** for #COVID19:
www.who.int/COVID-19



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Be **READY** for #coronavirus

WHO is giving advice on how
to protect ourselves & others:



Be **SAFE** from coronavirus infection

Be **SMART** & inform yourself about it

Be **KIND** & support one another

Learn more about #COVID19 & share with
your loved ones: www.who.int/COVID-19



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