**A Prayer for Compassion   
  
Lord God,  
We confess:  
our lifestyles are too busy,  
our focus self-centered,  
and our world is consumed  
with fear, greed, and pride.  
Sometimes, Lord, we react  
to the pains of others  
with a flippant "who cares?"**

**Yet, in our more receptive times,  
when Your Voice calls to  
our innermost beings,  
We know with absolute certainty two things  
we desperately need:  
To be loved…and to love.**

**Hear us, Lord,  
grateful, thankful to experience occasional  
breakthrough moments of unconditional love.**

**Be with those whose hearts are broken,  
demoralized by life's blows;  
those who mirror to us that unfairness and suffering  
is not lightened by pat answers or avoidance,  
but is made bearable  
because of fellow travelers  
who truly do care,  
and show it.**

**Walk with us, God.  
Our trek is not always easy,  
our vision shortsighted, our love often hidden.  
May we seek the deeper places  
where our compassion, our joy reflect  
You, the God who is Love.  
Amen  
  
*-Virgil Fry***

www.lifelinechaplaincy.org/prayer8.htm