

Opening prayer

Leader: Let us pause and place ourselves in the presence of God; Source of all goodness, kindness, and mercy. (pause)

God of love. We thank you for the opportunity of serving you and one another through the ministry of health care. We ask for your blessing as we begin this meeting. Through your wisdom guide us, so that everything we say and do may be in accordance with your will. We ask this through Jesus Christ our Lord,

All: Amen

Reading - Philippians 4:4-9

A reading from a letter of Paul to the Philippians

Rejoice in the Lord always; again I will say, Rejoice. Let your gentleness be known to everyone. The Lord is near. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.

The word of the Lord,

All: Thanks be to God

Reflection

In making any major decisions, worry and fear can creep into our thoughts and conversations. Yet, God promised us he would be with us always. And to let our requests be known to him so he can guide our hopes and desires. To be guided by God's spirit is to enter into a discernment process. Discernment invites us into "both/and" thinking, rather than simplistic "either/or" thinking. Let us not get caught in the trap of limited, dualistic thinking of either/or, but let us open ourselves to possibilities.

Period of Silent

Leader: Loving God, help us recognized that Catholic health care as a ministry, is one of possibilities — not certainty or even probability — but possibility for the future. The ministry of possibility will ultimately be one of relationships — those with the official church, the community, and the people we serve. Trusting in your goodness and mercy let us be attentive to the many possibilities of our time, for we ask this through Jesus Christ our Lord,

All: Amen

Leader: May all mighty God bless us and keep us in his love.
In the name of the Father, of the Son and of the Holy Spirit. Amen.