

**National Catholic Health Care Week
October 4 – 10, 2020
Daily prayers & reflections**

From October 4 to 10, we will celebrate the National Catholic Health Care Week in Canada. This week, organized by the Catholic Health Alliance of Canada, provides the opportunity to highlight the inspiring work of Catholic health care organizations in our province and across Canada. During these unusual times of pandemic, and discussion and action on racism, we offer these suggested reflection questions and prayers to help you acknowledge and reflect on the week with your teams.

The Message

At the heart of Catholic health care is a deep respect for the intrinsic value and dignity of every human being and an unwavering commitment to serving all people, from all backgrounds and faiths – especially society's most vulnerable.

Revealing the
courageous gift of
Catholic health care.



Thursday October 8

This week we celebrate the courageous work of Catholic health care organizations and our commitment to social justice. Catholic health care is committed to working with our partners to create the conditions for a just and caring society, where people's voices are heard, and every person has the ability to thrive in community. With a focus on dignity, respect, and compassion, we advocate for service to individuals at times of their greatest vulnerability, and to create culturally safe environments of health and healing.

Reflection questions

- How have you advocated for those we serve?
- What do you believe is your role in advancing social justice where you live and work?
- How have the recent efforts to reduce racism in your community affected you at a personal level?

Prayer

Life-giving God, we pray today that we would be courageous advocates for one another, that we would not be satisfied with systems and environments that contribute to illness and diminish our potential, but we would be bold advocates for justice and change. Like our founding congregations of religious sisters, may we have a spirit of boldness and audacity in to challenge restrictions and labels. May we be filled with courage, mercy and compassion. Amen

